

Cap Corse and Nebbiu Biking Break

5 days / 4 nights

This tour, consisting of 3 stages, will allow you to enjoy a little known area of Corsica and ideal for the practice of road cycling. You have the choice between several variants, more or less difficult, depending on your level. We take care of luggage transfers and stay in 3-star hotels.

Prepare your trip

YOUR PROGRAM

Day 1 - Arrival in Bastia

Your tour starts in Bastia at your hotel in the afternoon. This gives you time to discover the capital of Upper Corsica. The old port is superb as well as the freely accessible citadel and the old town which offers an exceptional panorama on the sea and the surroundings. For the free evening meal, we recommend the old port and its special atmosphere.

Night in a 3-stars hotel in Bastia



Day 2 - The tour of Cap Corse

In the morning, after the appointment, you get on your bike and follow the D80 (which goes around Cape Town), towards Macinaggio. You ride along the coast about 35 km before cutting from east to west by the Serra pass (365 m). On the other side of the island the road again follows the coast and its beautiful cliffs. Several Genoese and paolines towers strew the course, and the marines with their small fishing ports are magnificent. The evening stage is done in Saint-Florent, where you can walk on the port or visit the citadel ...

Distances: 82 km (D+: 1407m ; D-: 1399m ; Min.: 1m ; Max.: 393m)
109 km (D+: 1917m ; D-: 1909m ; Min.: 1m ; Max.: 365m)

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or 122 km (D+: 2130m ; D-: 2129m ; Min.: 0m ; Max.: 360m)

Night in a 3-stars hotel



Day 3 - Saint-Florent

Today you have the choice between a rest day to fully enjoy Saint-Florent, its beaches, its beautiful marina, or ride to discover the surrounding passes.
If you choose to pedal, your itinerary will take you to the top of Col Teghime (535m alt.).
You will then have 2 options. The first will take you through the Nebbiu to return to Saint-Florent.
The second will take you on a corniche road to enjoy a little extra loop on the heights of Bastia.

Distances: between 50 km (D+: 816m ; D-: 813m ; Min.: 0m ; Max.: 467m)
or 84 km (D+: 1767m ; D-: 1769m ; Min.: 3m ; Max.: 551m)

Night in the same 3-stars hotel as the day before



Day 4 - The Nebbiu

You leave the Gulf of Saint-Florent to cross the mountain towards Bastia, through the Nebbiu. Depending on the route you choose, you will have between 1 to 3 passes to cross. You can, for example, discover the village of Patrimonio, passing by the

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pass of Teghime (536 m) or join Murato and the Bigorno pass (885 m).

Distances: between 64 km (D+: 1112m ; D-: 1118m ; Min.: 0m ; Max.: 555m)
or 107 km (D+: 2083m ; D-: 2090m ; Min.: -2m ; Max.: 881m)

Night in a 3-star hotel, close to the airport



Day 5 - End of stay

After breakfast, a transfer may be arranged (optional) to the airport or ferry terminal.

End of your stay



Additional information

TARIFFS

Price from 490 euros per person.

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OPTIONS

Single room supplement : 205 euros per person.
Extra cost for June and September departures : 56 euros per person.
Extra cost for July and August departures : 90 euros per person.
Hybrid bike rental : 130 euros per person.
E-bike rental : 150 euros per person.
Road bike rental - Aluminium : 185 euros per person.
Carbone road bike rental : 210 euros per person.

INCLUDED

Luggage transfer
Nights in 3-star hotels, in double rooms
Breakfasts
Information package with maps and road-books on our app (a smartphone is required)
Local phone hotline

NOT INCLUDED

Transport to the starting point and from the ending point
Transfers not foreseen in the program
The insurance
Drinks, meals (except breakfasts)
The bikes
Everything not mentioned on the "included" part

LEVEL OF DIFFICULTY

This tour requires regular cycling. Becomes moderate by using electric bike

CARRYING

The daily luggage transfer is done with a vehicle. So you only have to take with you your daily stuff (picnic, camera ...).

ACCOMMODATION

Nights in 3-star hotels, in double rooms.

SIZE OF GROUP

From 2 people (Individuals possible with extra cost).

DEPARTURES

Every day, from beginning of Avpil until the end of October.

DEPARTURE

At your 1st hotel in Bastia on day 1, in the afternoon.

DISPERSION

At your hotel near Bastia airport on day 5, after breakfast.

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HOW TO GET THERE

Bastia is reachable by plane from several European cities depending on the time of year with Air France, Air Corsica but also Easyjet, Volotea or Ryanair.

By sea, Bastia is reachable with the compagnies : Corsica Ferries, Corsica Linea or La Méridionale.
Corsica ferries: http://www.corsica-ferries.co.uk/?gclid=CLyF3O_TvroCFa-WtAodlScA5A
Corsica Linea: https://www.corsicalinea.com/
La Méridionale: http://www.lameridionale.fr

From this city all access is possible by bus and train.

EQUIPMENT TO TAKE

ADVISED MATERIAL TO TAKE WITH YOU (non-exhaustive cheklist) :

As a good preparation is key to a successful stay, here are a few tips to ensure that your trip takes place in optimal conditions.

BIKES

In order that your stay does not turn into a mechanical training course, it's advisable to carry out a meticulous revision of your bike before going on a tour :
- the tyres are well inflated and in good condition
- cables and chain are in good condition
- the transmission elements are clean and oiled
- there are no leaks in the suspensions
- the wheels are well tightened
- the brakes are in good condition (wear + possible leaks)
- the headset has been checked

And don't forget that anomalies are easier to spot on a cleaned bike…

REPAIR MATERIAL

To avoid mechanical problems, it's better to be far-sighted and always carry the basic equipment of a biker:
- 2 inner tubes (puncture sealant is strongly recomended, or puncture sealant strips)
- a pump
- tire irons
- an inner tube repair kit consisting of patches and glue
- a multi-tool
- a small wrench
- a piece of tire

Also, you can prepare your own toolbox which we transfer with your luggage. You will put in it the following items :
- a brake cable (front and rear)
- a derailleur cable
- a tyre

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- one derailleur hanger
- chain oil
- a rag

EQUIPMENT

As you can't judge a book by its cover, cycling slinky shorts won't help you to turn into a cycling champion. However, a minimum of specific bike equipment will be necessary in order to be comfortable :

- a helmet
- glasses
- suitable shoes (no smooth soles)
- a cycling short or short
- a breathable tee-shirt (try to avoid cotton)

DAY BACKPACK

Because it's unpleasant to ride with a too loaded backpack, it's better to think carefully about the necessary things to bring in the backpack for the day:

- a water bag and/or a flask and/or water cans on the bike (2L/day/person minimum)
- provisions (energy bars, dried fruits...)
- the basic repair material for your bike (see above)
- a windbreaker (waterproof)
- picnic
- a headlamp
- a knife
- sun cream (+ lip protection)
- toilet paper
- a first-aid kit (see below)
- your mobile phone + an external battery
- a rubbish bag

PICNIC

In order to avoid unnecessary waste at picnic time, remember to take with you :

- an airtight box (0.5L) with initials marked on the lid and on the box + wide elastics
- reusable cutlery (fork and pocketknife)

TRAVEL BAG

Your luggage is transferred during the day and you will find it every evening at your hotel. It is preferable that your travel bag contains the following items :

- a sleeping bag liner (stays in gîtes)
- a change of clothes
- a pair of light shoes for the evening
- a large jumper or fleece jacket
- a small toilet bag with a towel

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FIRST-AID KIT

Concerning all our guided stays, the instructor has a first aid kit.

However, it is essential to bring your own first aid kit.

Here is a list of the minimum items to take with you:

- disinfectant
- gauze strips
- plaster
- protective cream for the buttocks
- your personal medicines
- micropur pastilles (water disinfectant)
- a survival blanket

A more complete first-aid kit should be formulated with your doctor.

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