

# The most beautiful Tuscan routes from Pisa to Florence in 6 days

6 days/ 5 nights

How about exploring the most beautiful regions of western Tuscany? Cycling is the perfect way to discover the hills and villages of this splendid route. This flexible tour is fitting your level with varying distances and difficulties on a daily basis. Each stage also offers the option of an additional loop or allows you to better enjoy these carefully chosen places where you will find yourself.

You can choose an electric bike, a hybrid bike or a racing bike for this discovery route on the splendid Tuscan roads.

Prepare your trip

# YOUR PROGRAM

#### Day 1 - Arrival in Pisa

A short transfer will take you to your hotel in the heart of Pisa. Take the opportunity to discover the Duomo and the famous Leaning Tower of Pisa. A beautiful pedestrian street also allows a pleasant stroll before discovering Tuscan cuisine. If you arrive late today, ask us to spend one more night in Pisa to discover the Duomo and the famous Pisa Tower. Night in 4-star hotel

#### Day 2 - From Pisa to Lucca

Once the bikes are delivered in the morning, the choice is yours! The flattest route that takes you along the Sechio river or the Monte Serra which in addition to a nice challenge, will allow you to discover the Calci monastery. The roads are beautiful and the landscapes are different. The village squares are real invitations to have a coffee break or taste a homemade ice cream. Do not arrive too late to make the most of Lucca, one of the most beautiful small towns in all of Tuscany, nested in its fortified wall. A bike ride on the walls is highly recommended, as well as exploring the square of Anfiteatro or the many beautiful alleys of Lucca.

Short option: around 24km, + 58m, -44m. Long option: about 45km, + 800m, -780m. Night in a 4-star hotel in the fortified enclosure.

#### Day 3 - From Lucca to Montecatini Terme

You are leaving today towards the eastern side, on the quietest roads. You will soon be leaving the residential era for a countryside full of greenery where olive groves and vineyards follow one another. The Tuscan residences are superb and all make you want to take a picture break. The opportunities to taste wines and olive oils abound on this route. The final objective of this stage is the pretty town of Montecatini Terme, known for its thermal baths. The funicular will also allow you to admire the city from above before testing one of the many typical restaurants.

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About 32km. + 262m, -252m.

Night in a 4-star hotel in the center of the city.

#### Day 4 - From Montecatini Terme to Vinci

Here we are: today, after a hearty breakfast, you are on your way to the birth village of the famous Leonardo da Vinci. A nice surprise awaits you on the course, however. Before hitting the countryside by bike, we recommend a stop at Giusti Cave. The place is magic and if the external thermal baths are accessible all year round without reservation, the cave with therapeutic benefits must be booked in advance, as well as massages. It's an excellent lunch break anyway where you can also enjoy these warm waters that can only make you feel good.

The road then continues among superb landscapes as seen on postcards. For those who wish, an optional climb is proposed to reach a pretty castle at the top of its hill.

Short option: around 31km. + 278m, -237m. Option with castle extension: approximately 36km. + 463m, -422m.

Night in agritourism in a vineyard in Vinci.



#### Day 5 - From Vinci to Florence

You can enjoy your accommodation or visit the village and the museum of Leonardo da Vinci. A nice bike loop is also possible. The historic center of Vinci is very pretty and has kept its authenticity. You will then take the train to Florence to arrive directly in the center. Getting into town by bike is difficult and potentially dangerous, hence our choice to leave the bikes at Vinci. Then you are free to enjoy the beauties of splendid Florence.

Night in a comfortable hotel in the city center.





#### Day 6 - Florence

End of your tour after breakfast. Please contact us if you wish to discover Florence in an other way, with a guide or only to spend one extra night or more.



# Additional information

# TARIFFS

Price from 825 euros per person.

# OPTIONS

Rental of a Wilier GTR Team Carbon Ultegra racing bike with helmet, front bag and repatriation. : 189 euros per person. Kalkhoff electric bike rental with helmet, front bag, rear bags and repatriation. : 185 euros per person. Rental of a tandem with helmet, front bag, rear bags and repatriation. : 164 euros per person. Rental of a hybrid bike with helmet, front bag, rear bags and repatriation. : 139 euros per person.

Single room extra cost : 290 euros per person.

High season extra cost, from 1st of Septemberto 10th of October and during events in Italy : 189 euros per person.



# INCLUDED

The nights in double rooms with breakfasts (4-star hotels and agritourism) The digital roadbook (with tracking of GPS tracks) Luggage transport Airport or train station transfer on day 1 Local assistance 7 days a week

#### NOT INCLUDED

Bike rental (see options) Transfers not provided for in the program Meals other than breakfasts The drinks Site visits Optional activities on the program Personal expenses The insurance

## LEVEL OF DIFFICULTY

Discovery tour accessible to all with more difficult options for those who wish.

#### CARRYING

You just have to take with you your dayly belongings (picnic, camera, etc.).

#### ACCOMMODATION

In upscale hotels in the heart of cities and agritourism in a vineyard in Vinci

# SIZE OF GROUP From 2 persons

FIOIT 2 persons

# DEPARTURES

Every day departures from the 1st of Mars to the 31st of October

#### DEPARTURE

Meeting at your arrival at Pisa's airport or train station.

#### DISPERSION

Day 6 at your hotel in Florence

# HOW TO GET THERE

-By plane: Galileo-Galielei airport in Pisa. Flights and timetables are available at www.pisa-airport.com. -By train: fares and timetables are available at www.railkey.com or www.railpass.com.

## EQUIPMENT TO TAKE

ADVISED MATERIAL TO TAKE WITH YOU (non-exhaustive cheklist) :

As a good preparation is key to a successful stay, here are a few tips to ensure that your trip takes place in optimal conditions.

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#### BIKES

In order that your stay does not turn into a mechanical training course, it's advisable to carry out a meticulous revision of your bike before going on a tour :

- the tyres are well inflated and in good condition
- cables and chain are in good condition
- the transmission elements are clean and oiled
- there are no leaks in the suspensions
- the wheels are well tightened
- the brakes are in good condition (wear + possible leaks)
- the headset has been checked

And don't forget that anomalies are easier to spot on a cleaned bike...

# REPAIR MATERIAL

To avoid mechanical problems, it's better to be far-sighted and always carry the basic equipment of a biker:

- 2 inner tubes (puncture sealant is strongly recomended, or puncture sealant strips)
- a pump
- tire irons
- an inner tube repair kit consisting of patches and glue
- a multi-tool
- a small wrench
- a piece of tire

Also, you can prepare your own toolbox which we transfer with your luggage. You will put in it the following items :

- a brake cable (front and rear)
- a derailleur cable
- a tyre
- one derailleur hanger
- chain oil
- a rag

#### EQUIPMENT

As you can't judge a book by its cover, cycling slinky shorts won't help you to turn into a cycling champion. However, a minimum of specific bike equipment will be necessary in order to be comfortable :

- a helmet
- glasses
- suitable shoes (no smooth soles)
- a cycling short or short
- a breathable tee-shirt (try to avoid cotton)

# DAY BACKPACK

Because it's unpleasant to ride with a too loaded backpack, it's better to think carefully about the necessary things to bring in

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the backpack for the day:

- a water bag and/or a flask and/or water cans on the bike (2L/day/person minimum)
- provisions (energy bars, dried fruits...)
- the basic repair material for your bike (see above)
- a windbreaker (waterproof)
- picnic
- a headlamp
- a knife
- sun cream (+ lip protection)
- toilet paper
- a first-aid kit (see below)
- your mobile phone + an external battery
- a rubbish bag

# PICNIC

In order to avoid unnecessary waste at picnic time, remember to take with you :

- an airtight box (0.5L) with initials marked on the lid and on the box + wide elastics
- reusable cutlery (fork and pocketknife)

# TRAVEL BAG

Your luggage is transferred during the day and you will find it every evening at your hotel. It is preferable that your travel bag contains the following items :

- a sleeping bag liner (stays in gîtes)
- a change of clothes
- a pair of light shoes for the evening
- a large jumper or fleece jacket
- a small toilet bag with a towel

# FIRST-AID KIT

Concerning all our guided stays, the instructor has a first aid kit.

However, it is essential to bring your own first aid kit.

Here is a list of the minimum items to take with you:

- disinfectant
- gauze strips
- plaster
- protective cream for the buttocks
- your personal medicines
- micropur pastilles (water disinfectant)
- a survival blanket
- A more complete first-aid kit should be formulated with your doctor.